



Asquith Mixed Probud Club BULLETIN

President's Corner

Well this has been a very different month, Probud on the second Thursday,

Easter long weekend then Anzac weekend.

And soon after that we have Probud again on the 1st May.

It was a privilege to award our first Life Membership to Laurie Keaton, Laurie is a foundation member and has served as secretary from 2008 till March 2012 he was Vice President From 2013 till 2016 and from 2008 till present he has done a fabulous job of arranging and leading our walks. Laurie was also a valuable member of a committee set up to look at our constitution and standing orders. We are very grateful for all that Laurie has done for our Club.

From the pictures and comments it would seem that everyone enjoyed the visit to the female factory at Parramatta.

I hope that you all had a nice Easter and were able to spend time with family or friends.

Looking forward to seeing you all on Thursday the 1st.

Barry Willick, President.

Meeting Dates at Magpies

General Meetings

10am for 10.30am start.

Thursday 1st May 2025

Thursday 5th June 2025

Website: <https://www.asquithmixedprobud.org.au>

org.au

Email: info@asquithmixedprobud.org.au

webmaster@asquithmixedprobud.org.au

Bulletin: Editor: Sylvia Gratton

☎ Mob:

Asquith Mixed Probud Club Inc.

The Secretary: Ruth Barwick

37 Alan Avenue, Hornsby 2077

Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith

Mixed Probud Club use only and is not to be used for any other purpose.

1. The Committee welcomed Sunny Dougall to the Meeting as an Observer.
2. Probus Month is October and the theme is “Reinvent your Retirement”.
3. Divided into 2 groups, 28 Members enjoyed an interesting tour of The Parramatta Female Factory. A Governor Macquarie and Francis Greenway site with multiple heritage buildings, it was once home to thousands of transported convict women from which an estimated 1 in 7 Australians are descended.
The group convened for lunch at Parramatta Leagues Club after the tour.
4. The walk from Kellyville to Rouse Hill, with 28 attendees, began with enthusiastic patronage of the coffee cart at Kellyville Metro station. Kevin reports that there were no incidents on the train e.g. anyone getting stuck on a carriage, (although Jim Thompson did have a drive of the driverless train). A pleasant, mostly level walk of 4.1 km, it passes through woodland, past a dry creek, ovals and a lake with swans and ducks where fisherman fish next to the ‘No Fishing’ sign. The walkers dispersed at Rouse Hill shopping centre to various eateries. We thank Kevin and Dianne for leading.
5. The Committee will be discussing the proposed Review of the Constitution of PSPL.
6. Some Committee Members will attend a Probus Information Day at Thornleigh in June.
7. We hope all Members enjoyed a Happy Easter.

Ruth Barwick

Secretary

The Woodlands Walk



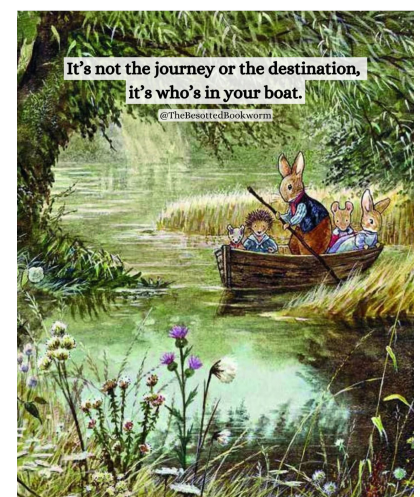
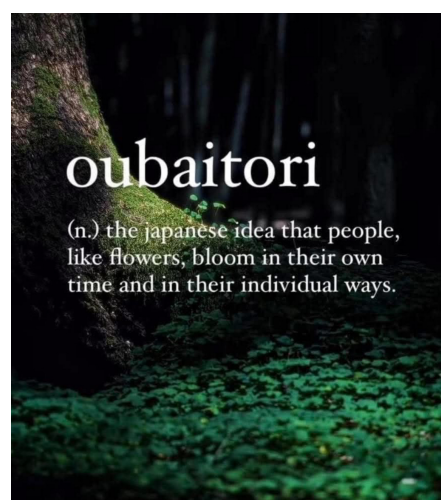
Asquith Mixed Probus Club

Treasurers Report as at 7.th April 2025



Funds received so far this year	\$8,569.00
Reduced by our expenses of	\$2,018.70
Leaving funds available so far this year	\$6,550.30
Add all previous year's surplus funds	\$11,654.54
Leaving members funds	\$18,204.84
.... The above funds consist of total cash	\$21,782.19
Less, mainly member's payments	
for future activities	\$3,577.35
	\$18,204.84

Treasurer's Report as at 7 April 2025 Angus Dougall.



DOLLS When? The Wednesday following our monthly ‘members meeting’ at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Carol Channon’s home. Wool, needles and stuffing supplied and the good news is you don’t need to be able to knit! 28A Harwood Avenue, Mt Kuring-Gai. **Phone Carol**

MAH-JONG The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke for more information.**

CARDS 500 cards held 1st and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary**

MEN’S GROUP Meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison**

CARER’S GROUP Meets 3rd Tuesday of the month at 12.30pm at Asquith Golf Club. **Contact Yenda by email**

AMPC Men’s Group	Robert Allison	Dolls	Carol Channon
Auditor	Robert Allison	5 th Thursday BBQ	Carol & John Channon
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Walks	Laurie Keaton
Cards 500	Mary Glasby		
Carer’s Group	Yenda Holland	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Sandra Lees	Assist. Tours/Excurs.	Jim Thompson

AMPC COMMITTEE MEMBERS 2025-26

AMPC Committee Members		Phone	Email
President	Barry Willick		
Vice-President Elect	Mal Steel		
Vice-President	John Davies		
Secretary	Ruth Barwick		
Treasurer	Angus Dougall		
Committee			
Bulletin	Sylvia Gratton		
Hospitality	Jane Platts		
Membership	Denise Mayhew		
Asst Membership			
Programme	Jim Jeffries		
Tours/Excursions	Trish Taylor		
Welfare	Nita Shields		
Assistant Secretary			
Assistant Treasurer			
Walks	Laurie Keaton		
Past President			

BARE ISLAND & LA PEROUSE MUSEUM

***APPLICATION NOW CLOSED**

14TH MAY, 2025

***NOTE THIS IS A WEDNESDAY TOUR**

Pick up: Rofe Park, Galston Road, Hornsby Heights - 8.30 am - returns approximately 4.30 pm

\$91.00 per person

Includes:

- Morning Tea before our 1.5 hr guided tour of Bare Island. Bare Island Fort is situated at the mouth of Botany Bay. The fort was built in 1885 to protect the “back door” of Sydney from attack by sea.
- Two course lunch at Yarra Bay 16’ Sailing Club followed by tea or coffee.
- Return to La Perouse for a guided tour of the La Perouse Museum. The museum is housed within the historic Cable Station building, once Australia’s only link to the rest of the world. Almost 2,000 items across several rooms of exhibits document the 1787-1788 expedition of French explorer the Comte de Lapérouse.

TRISH

COCKATOO ISLAND TOUR

THURSDAY 19 JUNE, 2025 - 11.00 am

We will have a 1 hour conducted tour of this historic island in Sydney Harbour.

Catch the 8.57 a.m. train from Hornsby down the North Shore line. Get off at Wynyard and walk to Barangaroo wharf 1. At 10.18 a.m. catch a ferry to Cockatoo Island where there will be time for a coffee and a toilet stop before the guided tour starts at 11.00 a.m. The walk involves irregular surfaces and steps.

At the end of the tour you can go back to Circular Quay (ferries depart 01, 21, 41 minutes past the hour) or catch a ferry to Meadowbank (ferries depart 06, 26, 46 minutes past the hour). At Meadowbank there is a short uphill walk to the station.

Payment is \$16.00. to be paid on or before 6 June, 2025

JIM THOMPSON

NSW ART GALLERY
ARCHIBALD, WYNNE AND SULMAN EXHIBITION

THURSDAY, 17 JULY, 2025

Payment of \$27.00 per person by 3 July, 2025

Please make your own way to the NSW Art Gallery. We will meet at the main front entrance Naala Nura. Please arrive by 9.15 a.m. for early entry to the Gallery for the 9.30 am private tour.

15 min walk to Art Gallery across the Domain

9.30 am - 1hr guided, private group tour of the exhibition

Option to explore the Galleries at your leisure after the tour

Return walk to Martin Place/Wynyard Station OR bus 441 from Art Gallery to QVB at Town Hall.

TRISH

QUARANTINE STATION
MANLY

20th NOVEMBER, 2025

\$98.00 per person

Pick up: Rofe Park, Hornsby Heights, 9.00 a.m. - return approximately 3.00 p.m.

We commence our day travelling to Manly Beach where morning tea will be set up. From there we travel to the Quarantine Station at North Head. On arrival at the Reception area we will transfer to a smaller mini bus to make our way down through the National Park to the wharf. Here we will be met by our guide who will share the history of Q Station and the buildings in the Wharf Precinct, including the hospital.

After the tour 'we will have lunch at The Terrace, still within the grounds of the Q Station.

Tour Includes:

- Morning Tea at Manly Beach
- Guided Tour of Q Station
- Lunch consisting of sandwiches, cakes, fruits, tea and coffee
- Coach transport

TRISH

LORD HOWE ISLAND TRIP AWAY

We left rainy Sydney behind and alighted, after a pleasant two hour flight, at sunny Lord Howe Island. After settling into our accommodation, we either walked, explored, or some swam during our free afternoon. Lord Howe Island is absolutely beautiful and there are so many amazing migratory birds on this island. Our sunset dinner was held at the Golf Club overlooking Mount Lidgbird, Mount Gower and the Tasman Sea.



The next day we were split into two groups. Each group at their allotted time, experienced a very informative tour of the island and heard all about the island's history from an excellent guide. In our free time, some members walked to Ned's Beach and fed the many large, colourful fish and the adventurous ones snorkelled. In the late afternoon, we were transported to the Museum for an interesting talk by Ian Hutton on the geology, history, birdlife and the successful eradication of pests from the island. A delicious dinner followed at the Coral



Cafe. What a wonderful, relaxing day!

Our third day commenced with us boarding a glass bottom boat for an exploration of the world's southern most barrier reef. While exploring North Bay we viewed beautiful coral and many colourful fish. It was so exciting to see a huge sea turtle, estimated to be 60 years old. We landed on the beach where we walked to Old Gulch, followed by an informative talk on the migratory birds.

We returned to the boat and some of our members snorkelled and absolutely loved floating over the colourful coral and swimming with the large variety of fish.



We returned for lunch and then joined another 2.5 hour cruise around Lord Howe Island where we enjoyed breathtaking views including the Admiralty Islands, sheer mountain cliffs and spectacular Balls Pyramid in the distance. Back in time for an



enjoyable meal at the Driftwood Restaurant.



Wednesday, we set off on a 3 hour guided walk to Clear Place. Wonderful scenery and amazing birds soaring in the air. Our afternoon was free to rest, swim, walk or eat! Late afternoon we enjoyed viewing at the local hall, three short historic movies from the flying boat days of Lord Howe Island. A short walk followed to the Anchorage Restaurant for dinner.

The next morning was free to explore as we wished and then in the afternoon we boarded a different

glass bottom boat to explore the coral seascape again - this time at Erscoff's Hole. Home in time for another delicious meal at the Coral Cafe.

Friday, we were treated to a scenic, guided walk along the Little Island Track. The track followed the coastline and led us through a cool, green canopy. A light lunch followed at the Coral Cafe and the afternoon was free to pass as we wished. Another delicious dinner followed at the Anchorage Restaurant.

Saturday - The supply ship, the Island Trader is in today! A free day for us all today. Many watched the



unloading of the cargo ship with great interest while

others continued to explore the many walking tracks or swam. Some walked the trail to the crash site of the R.A.A.F. Catalina flying boat, which crashed during a training mission in September 1948. Sadly, the lives of seven crew members were lost. A memorial of a large three-blade propeller atop a single metal pole is located in a small park near Old Settlement Beach. Dinner this evening was at the Bowling Club.



Sunday - Trouble in Paradise! We were schedule to fly out today, however due to adverse weather conditions, flights to Lord Howe Island were cancelled. The first available flight home for our group was Tuesday, 1st April. We had two extra days either to rest, read or explore.

Our last night was a highlight - sitting on a rug, on a grassy patch next to the sea, eating freshly caught fish and chips from Benny's Fish Truck. What a way to spend our last meal!

Tuesday, homeward bound! What a beautiful, happy stay on Lord Howe Island. Thank you so much Yenda for organising this wonderful adventure for us.

TRISH

Walks

The April walk saw 23 members attend the enjoyable outing from Kincumber around Empire Bay and on to Davistown RSL. Thanks for helpers on the Day – Stan, Kevin and Dianne.

Thursday May 22 Gladesville Bridge and Drummoyne

WHERE: HUNTLEY'S POINT WHARF TO DRUMMOYNE SAILING CLUB

Leads: Laurie Vicki Robert and Paul

WHAT: 60-90 Min Walk. The Bridge Walk is relatively steep in parts.

Those who wish to quit after the Bridge frequent buses may be caught to Day Street and there is a 400 metre walk to the club. If you wish to avoid the Bridge, stay on the ferry to Drummoyne and rejoin the walk group there.

TRAVEL: Hornsby Plat 4 9.00am to Meadowbank Ferry 9.51 Arr. Huntley's Pt 10.14. Details to be confirmed in the mail out one week before the walk date.

Return: 5-10 min walk to Buses 504&506 Victoria Road Before Day.

Bus Destination Domain City. Alight at Park St for Town Hall. 3km.

LUNCH: Drummoyne Sailing Club Sailing Club. **Photo ID is Required.**

Reservation for 40 at Drummoyne Sailing Club. The alternative is to do your own thing at Birkenhead.

Future Walks

A meeting was planned by Jim for after the June 5th Club meeting. If You have input or can help, please join us after ordering lunch.

June is the one planned from Tascott to Woy Woy. Details in the June Bulletin.

Leads Arthur and Lauri.

Speaker May

This month we have Faye Yarroll, an accomplished guest speaker who has an inspiring story to tell.

Faye has received the greatest gift of all, the “Gift of Hearing”.

She will be sharing her story of receiving two Cochlear Implants and bringing us up to date with the latest amazing technology for hearing impaired people today.

She will also tell us about her wonderful Australian Lions Hearing Dog named “Sydney” who helps Faye in her everyday life to alert her to various sounds and also the amazing Medical Alert Dogs (Diabetes) Program.

This story is sure to touch your hearts in many ways. Meet Sydney” but please refrain from patting or distracting her as she is a Service dog in uniform.

Speaker- June

Next Month, John Cameron from Computer Pals will talk about scams.

Scammers are becoming very sophisticated and the websites are now almost identical to the genuine article.

There are many types of scams but investment scams alone cost Australians \$1.8 billion last year.

John will describe what to look for and how to avoid being caught.

HOSPITALITY



DATE: Monday 19th May 2025

TIME: 10am – 12 Noon

PLACE: Jane Platts home.

Bring a plate, bring a friend, all welcome

ACTIVITY

5th Thursday BBQ on 29th May 2025.

Off Galston Rd at the Community Recreation Reserve adjacent to the Galston Aquatic Centre, opposite Galston High School.

Undercover area with gas BBQ's. Tables and seating provided or bring own chair.

Bring own food & drinks.

**AN INTERESTING AND ENJOYABLE TIME WAS HAD BY ALL
AT THE PARRAMATTA FEMALE FACTORY**



OBE Congratulations to Pam Slater



Congratulations Laurie on becoming our first Life Member of AMPC

UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 st & 3 rd Wed 10am	500 Cards Magpies	Mary Glasby	4	
3 rd Weds of Month	Men's Group Magpies	Robert Allison	4	
3 rd Tuesday of Month	Carer's Group	Yenda Holland	4	
1 st May 2025	Probus Meeting	Barry Willick		
8 th May 2025	Committee Meeting	Barry Willick		
WEDNESDAY TRIP 14th May 2025	Bare Island & La Perouse Museum	Trish Taylor	5	
19 th May 2025	Biggest Morning Tea	Jane Platts	10	
22 nd May 2025	Gladesville to Drummoyne	Laurie Keaton	8	
29 th May 2025	5 th Thursday BBQ	The Channons	10	
5 th June 2025	Probus Meeting	Barry Willick		
11 th June 2025	Dolls	Carol Channon	4	
12 th June 2025	Committee Meeting	Barry Willick		
19 th June 2025	Cockatoo Island Tour	Trish Taylor	5	
26 th June 2025	Tascott to Woy Woy	Laurie Keaton	9	

This getting old is a terrible thing. I blacked out for twenty minutes this morning, then I realized I'd put my hoodie on backwards 🤔